



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>Bag Breakfast</b></p> <p>Apple Cinnamon Cheerios Tiger Grahams 100% Juice Craisins 1% White Milk or 1% Chocolate Milk</p> <p>2</p>	<p><b>Bag Breakfast</b></p> <p>Trix Cereal Bar Animal Cracker Craisin 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>3</p>	<p><b>Bag Breakfast</b></p> <p>WG Bagel with Cream Cheese Fresh Apple 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>4</p>	<p><b>Bag Breakfast</b></p> <p>Apple Muffin Vanilla Goldfish Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>5</p>	<p><b>Bag Breakfast</b></p> <p>WG Goody Bun Apple Fruit Crunchable 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>6</p>
<p><b>Bag Breakfast</b></p> <p>Blueberry Chex Scooby Grahams Pear Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>9</p>	<p><b>Bag Breakfast</b></p> <p>Strawberry Nutri Grain Bar Cinnamon Goldfish Mixed Fruit Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>10</p>	<p><b>Bag Breakfast</b></p> <p>Cinnamon Goldfish Cracker Fresh Apple 100% Juice Dannon Nonfat Creamy Yogurt 1% White Milk or 1% Chocolate Milk</p> <p>11</p>	<p><b>Bag Breakfast</b></p> <p>WG Blueberry Muffin Goldfish Grahams Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>12</p>	<p><b>Bag Breakfast</b></p> <p>Apple Roll Peach Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>13</p>
<p><b>Bag Breakfast</b></p> <p>Cinnamon Chex Tiger Grahams Peach Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>16</p>	<p><b>Bag Breakfast</b></p> <p>Double Chocolate Oatmeal Bar Cinnamon Goldfish Apple Banana Bar 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p><b>St. Patrick's Day</b></p> <p>17</p>	<p><b>Bag Breakfast</b></p> <p>WG Blueberry Bagel with Cream Cheese Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>18</p>	<p><b>Bag Breakfast</b></p> <p>Double Chocolate Chip Muffin Vanilla Goldfish Craisin 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>19</p>	<p><b>Bag Breakfast</b></p> <p>WG Frosted Strawberry Poptart Pear Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>20</p>
<p><b>Bag Breakfast</b></p> <p>Golden Grahams Cereal Tiger Grahams Craisin 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>23</p>	<p><b>Bag Breakfast</b></p> <p>Apple Nutri Grain Bar Cinnamon Goldfish Pear Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>24</p>	<p><b>Bag Breakfast</b></p> <p>Cinnamon Goldfish Cracker Fresh Apple 100% Juice Dannon Nonfat Yogurt 1% White Milk or 1% Chocolate Milk</p> <p>25</p>	<p><b>Bag Breakfast</b></p> <p>WG Banana Muffin Vanilla Goldfish Apple Cinn Fruit Crunchable 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>26</p>	<p><b>Bag Breakfast</b></p> <p>WG Breakfast Ring Mixed Fruit Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>27</p>
<p>No School</p> <p>30</p>	<p>No School</p> <p>31</p>			



**Thought for Thought**

**Tips & Information**

Established in 1989, the National School Breakfast week was created to remind and encourage all students to eat a nutritious breakfast. Research has shown eating breakfast in the morning provides the fuel children need to perform all day. Look to fresh fruits, vegetables, nuts, yogurt or toast for a quick and delicious meal.

In accordance with federal civil rights law and the USDA this institution is prohibited from discriminating on the basis of race, color, national origin, sex, gender identity, sexual orientation, disability, age or for prior civil rights activity

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**\*\*SCHOOLS ONLY\*\***

"or:" = An alternative selection to choose. "WG"=Whole Grain  
1% White & 1%Chocolate Milk  
available daily. (GSRP-white milk only)

**\*\*Menu Subject to Change\*\***





Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>WG Pizza Slice</b></p> <p>Fresh Broccoli &amp; Ranch Dressing Fresh Gala Apple 1% White or 1% Chocolate Milk</p> <p>2</p>	<p><b>BBQ Chicken on WG Bun</b></p> <p>Maple Carrot Coins Diced Peaches 1% White or 1% Chocolate Milk</p> <p>3</p>	<p><b>Italian Meatball Sub on WG Bun</b></p> <p>Seasoned Green Beans Fresh Banana 1% White or 1% Chocolate Milk</p> <p>4</p>	<p><b>Turkey Sausage, Egg &amp; Cheese on WG English</b></p> <p>Potato Wedges Fresh Orange 1% White or 1% Chocolate Milk</p> <p>5</p>	<p><b>Beef Soft Taco on WW Tortilla w/ WG Rice</b></p> <p>Texas Ranchero Pinto Beans Mandarin Orange 1% White or 1% Chocolate Milk</p> <p>6</p>
<p><b>WG Pizza Slice</b></p> <p>Romaine w/ Dressing Fresh Gala Apple 1% White or 1% Chocolate Milk</p> <p>9</p>	<p><b>WG Chicken Nuggets w/ WG Dinner Roll</b></p> <p>Seasoned Corn Diced Peaches 1% White or 1% Chocolate Milk</p> <p>10</p>	<p><b>WG Chicken Tenders with WG Dinne Roll</b></p> <p>Maple Carrot Coins Fresh Banana 1% White or 1% Chocolate Milk</p> <p>11</p>	<p><b>Walking Taco w/ WG Doritos</b></p> <p>Fiesta Taco Black Beans Fresh Orange 1% White or 1% Chocolate Milk</p> <p>12</p>	<p><b>Classic Cheeseburger on WW Bun</b></p> <p>Asian Vegetable Blend Pineapple Tidbits 1% White or 1% Chocolate Milk</p> <p>13</p>
<p><b>WG Pizza Slice</b></p> <p>Baby Carrots w/Ranch Fresh Gala Apple 1% White or 1% Chocolate Milk</p> <p>16</p>	<p><b>2 Beef Tacos with WG Flour Tortilla</b></p> <p>Texas Ranchero Pinto Beans Fruit mix 1% White or 1% Chocolate Milk</p> <p>17</p> <p><b>St. Patrick's Day</b></p>	<p><b>WG Chicken Nuggets w/ WG Dinner Roll</b></p> <p>Seasoned Corn Fresh Banana 1% White or 1% Chocolate Milk</p> <p>18</p>	<p><b>Popcorn Chicken</b></p> <p>Tossed Salad with Ranch Fresh Orange 1% White or 1% Chocolate Milk</p> <p>19</p>	<p><b>Chicken Alfredo w/ WG Dinner Roll</b></p> <p>Steamed Broccoli Mandarin Orange 1% White or 1% Chocolate Milk</p> <p>20</p>
<p><b>WG Pizza Slice</b></p> <p>Baby Carrots w/Ranch Fresh Gala Apple 1% White or 1% Chocolate Milk</p> <p>23</p>	<p><b>Classic Cheeseburger on WW Bun</b></p> <p>Baked Beans Diced Peaches 1% White or 1% Chocolate Milk</p> <p>24</p>	<p><b>Chicken Strip Wrap w/ Ranch</b></p> <p>Potato Wedges Fresh Banana 1% White or 1% Chocolate Milk</p> <p>25</p>	<p><b>WG Chicken Nuggets w/ WG Dinner Roll</b></p> <p>Romaine w/ Dressing Mandarin Orange 1% White or 1% Chocolate Milk</p> <p>26</p>	<p><b>WG Chicken Nuggets w/ WG Dinner Roll</b></p> <p>Seasoned Green Beans Pineapple Tidbits 1% White or 1% Chocolate Milk</p> <p>27</p>
<p>30</p> <p>No School</p>	<p>31</p> <p>No School</p>			



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