

East Shore Leadership Breakfast

Monday

Tuesday

Wednesday

Thursday

Friday

<p>Bag Breakfast</p> <p>Frosted Flakes Vanilla Goldfish Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>3</p>	<p>Bag Breakfast</p> <p>Blueberry Nutrigrain Bar Vanilla Goldfish Diced Pear Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>4</p>	<p>Bag Breakfast</p> <p>Cinnamon Goldfish Cracker Fresh Apple 100% Juice Dannon Nonfat Creamy Yogurt 1% White Milk or 1% Chocolate Milk</p> <p>5</p>	<p>Bag Breakfast</p> <p>Trix Cereal Bar Animal Grahams Mandarin Orange Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>6</p>	<p>Bag Breakfast</p> <p>Apple Roll Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>7</p>
<p>Bag Breakfast</p> <p>Cocoa Puffs Cereal Bar Animal Grahams Mixed Fruit Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>10</p>	<p>Bag Breakfast</p> <p>Cinnamon Toast Crunch Cereal Vanilla Goldfish Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>11</p>	<p>Bag Breakfast</p> <p>WG Bagel with Cream Cheese Fresh Apple 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>12</p>	<p>Bag Breakfast</p> <p>Golden Grahams Cereal Animal Grahams Peach Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>13</p>	<p>14 <i>Valentine's Day</i></p>
<p>17</p>	<p>Bag Breakfast</p> <p>Raisin Bran Cereal WG Animal Grahams Diced Peach cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>18</p>	<p>Bag Breakfast</p> <p>Cinnamon Goldfish Cracker Fresh Apple 100% Juice Dannon Nonfat Creamy Yogurt 1% White Milk or 1% Chocolate Milk</p> <p>19</p>	<p>Bag Breakfast</p> <p>Cheerio Cereal Bar Animal Grahams Pear Fruit Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>20</p>	<p>Bag Breakfast</p> <p>WG Breakfast Ring Mixed Fruit Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>21</p>
<p>Bag Breakfast</p> <p>Golden Grahams Cereal Animal Grahams Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>24</p>	<p>Bag Breakfast</p> <p>Apple Nutrigrain Bar Vanilla Goldfish Pineapple Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>25</p>	<p>Bag Breakfast</p> <p>WG Bagel with Cream Cheese Fresh Apple 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>26</p>	<p>Bag Breakfast</p> <p>WG Banana Muffin Mini Vanilla Goldfish Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>27</p>	<p>Bag Breakfast</p> <p>Apple Roll 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>28</p>

Happy Valentine's Day

Thought for Thought

Tips & Information

Since its inception, Black History Month has expanded beyond its initial acceptance in educational establishments. Carter Woodson's organization, now known as the Association for the Study of African American Life and History (ASALH), designates a theme each year. This year, February will be a celebration of Black History Month with the theme "African Americans and the Arts." The ASALH shares, "African American art is infused with African, Caribbean, and the Black American lived experiences."

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"or." = An alternative selection to choose. "WG"=Whole Grain
1% White & 1%Chocolate Milk
available daily.



Menu Subject to Change