

East Shore Leadership Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
WG Pizza Slice 100% Mango Splash Juice Box Diced Pears 1% White or 1% Chocolate Milk 4	Turkey Kielbasa on WW Bun Potato Wedges Mandarin Orange 1% White or 1% Chocolate Milk 5	Breaded Chicken Drumstick w/Dinner Seasoned Greens 100% Apple Juice 1% White or 1% Chocolate Milk 6	Beef & Cheese Nachos w/ WG Corn Fiesta Taco Black Beans Fresh Banana 1% White or 1% Chocolate Milk 7	Chicken Alfredo w/WG Dinner Roll Seasoned Green Beans Fresh Orange 1% White or 1% Chocolate Milk 8
WG Pizza Slice Romaine w/ Dressing Diced Peaches 1% White or 1% Chocolate Milk 11 Veterans Day!	Flame-Grilled Chicken Burger w/ Cheese on Seasoned Green Beans Fruit mix 1% White or 1% Chocolate Milk 12	Meatballs & Gravy with WW Dinner Roll Mashed Potato Fresh Orange 1% White or 1% Chocolate Milk 13	Popcorn Chicken w/ Dinner Roll Maple Carrot Coins Fresh Banana 1% White or 1% Chocolate Milk 14	Bf Soft Taco on WW Tortilla w/ WG Rice Fiesta Taco Black Beans Fresh Gala Apple 1% White or 1% Chocolate Milk 15
WG Pizza Slice Baby Carrots w/Ranch Pineapple Tidbits 1% White or 1% Chocolate Milk 18	Italian Meatball Sub on WG Bun Seasoned Green Beans Diced Pears 1% White or 1% Chocolate Milk 19	Chicken in Gravy w/ Biscuit Mashed Potato Fresh Orange 1% White or 1% Chocolate Milk 20	Baked Mostaccioli w/ Dinner Roll Romaine w/ Dressing Fresh Banana 1% White or 1% Chocolate Milk 21	WG Mini Corn Dogs Baked Beans Fresh Gala Apple 1% White or 1% Chocolate Milk 22
WG Pizza Slice Tossed Salad with Ranch Mandarin Orange 1% White or 1% Chocolate Milk 25	26 Happy Thanksgiving!	27	28 No Program	29



Thought for Thought

Tips & Information

Abraham Lincoln declared Thanksgiving a national holiday on October 3, 1863. Sarah Josepha Hale, the woman who wrote "Mary Had A Little Lamb," convinced Lincoln to make Thanksgiving a national holiday after writing letters for 17 years.

In accordance with federal civil rights law and the USDA this institutuin is prohibited from discriminating on the basis of race, color, national origin, sex, gender identity, sexual orientation, disability, age or for prior civil rights activity

10/15/2024 8:19:51 PM

"or." = An alternative selection to choose. "WG"=Whole Grain
 1% White & 1%Chocolate Milk available daily.



****Menu Subject to Change****