

East Shore Leadership Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Bag Breakfast</p> <p>Golden Grahams Cereal Animal Grahams Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>4</p>	<p>Bag Breakfast</p> <p>Strawberry Nutrigrain Bar Vanilla Goldfish Pineapple Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>5</p>	<p>Bag Breakfast</p> <p>WG Bagel with Cream Cheese Fresh Apple 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>6</p>	<p>Bag Breakfast</p> <p>WG Banana Muffin Mini Vanilla Goldfish Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>7</p>	<p>Bag Breakfast</p> <p>Cheerio Cereal Bar Animal Grahams Pear Fruit Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>8</p>
<p>Bag Breakfast</p> <p>Cocoa Puffs Cereal Bar Animal Grahams Mixed Fruit Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>11 Veterans Day!</p>	<p>Bag Breakfast</p> <p>Blueberry Nutrigrain Bar Vanilla Goldfish Diced Pear Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>12</p>	<p>Bag Breakfast</p> <p>Cinnamon Goldfish Cracker Fresh Apple 100% Juice Dannon Nonfat Creamy Yogurt 1% White Milk or 1% Chocolate Milk</p> <p>13</p>	<p>Bag Breakfast</p> <p>Double ChocolateChip Muffin Vanilla Goldfish Craisins 100 % Juice 1% White Milk or 1% Chocolate Milk</p> <p>14</p>	<p>Bag Breakfast</p> <p>Cinnamon Toast Crunch Cereal Animal Grahams Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>15</p>
<p>Bag Breakfast</p> <p>Raisin Bran Cereal WG Animal Grahams Diced Peach cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>18</p>	<p>Bag Breakfast</p> <p>Apple Nutrigrain Bar Vanilla Goldfish Pineapple Cup 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>19</p>	<p>Bag Breakfast</p> <p>WG Bagel with Cream Cheese Fresh Apple 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>20</p>	<p>Bag Breakfast</p> <p>Golden Grahams Bar Vanilla Goldfish 100% Juice Fruit Cup 1% White Milk or 1% Chocolate Milk</p> <p>21</p>	<p>Bag Breakfast</p> <p>WG Blueberry Muffin Animal Grahams Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>22</p>
<p>Bag Breakfast</p> <p>Frosted Flakes Vanilla Godfish Craisins 100% Juice 1% White Milk or 1% Chocolate Milk</p> <p>25</p>	<p>26 Happy Thanksgiving!</p>	<p>27</p>	<p>28 No Program</p>	<p>29</p>



Thought for Thought

Tips & Information

Abraham Lincoln declared Thanksgiving a national holiday on October 3, 1863. Sarah Josepha Hale, the woman who wrote "Mary Had A Little Lamb," convinced Lincoln to make Thanksgiving a national holiday after writing letters for 17 years.

In accordance with federal civil rights law and the USDA this institutuin is prohibited from discriminating on the basis of race, color, national origin, sex, gender identity, sexual orientation, disability, age or for prior civil rights activity

10/15/2024 7:04:23 PM

"or." = An alternative selection to choose. "WG"=Whole Grain
1% White & 1%Chocolate Milk
available daily.



****Menu Subject to Change****